

CARNEGIE TRIATHLON CLUB, LEEDS

CAN YOU **SWIM**, **RIDE A BIKE** AND **RUN**?

AGED **8-16** ?

Now just £3 per
Session!!!

THEN WHY NOT TURN UP TO A CARNEGIE TRIATHLON CLUB SESSION.

ALL SESSIONS ARE CONDUCTED BY QUALIFIED & LICENSED
BRITISH TRIATHLON COACHES.

ALL SESSIONS ARE BASED AROUND LEARNING NEW TRIATHLON SPECIFIC SKILLS
AND HAVING FUN!!!



WHEN: SATURDAY MORNINGS 09:00—11:00

**WHERE: LEEDS METROPOLITAN UNIVERSITY,
HEADINGLEY CAMPUS**

MEET IN THE SPORT CENTRE RECEPTION

COST: £3 PER SESSION

For swimming elements; pupils will need to be able to swim 50 metres of reasonable standard front crawl with reasonable ease. For cycling elements; a roadworthy bike is needed and a cycle helmet must be worn at all times. Please contact Michael if you have any questions. At the sessions the coaches will also be able to advise pupils and parents further on these matters



leeds metropolitan university